



2019 HOME CAMPS



CAMP CUSTOMIZATION QUESTIONNAIRE

Please provide answers to the following questions with as much detailed information as possible. With your answers in hand, we'll send back a customized home camp proposal outlining exactly what you're looking for and a specific breakdown of details and cost. Tell us what your PERFECT home camp would be like! What would it include? What would it not include? Allow us to build your PERFECT home camp!

CAMP CUSTOMIZATION QUESTIONNAIRE

What are your ideal camp dates? (List out your top three choices.) _____

Do you want this to be a 1-day, 2-day, or 3-day camp? _____

Would 8am-12pm; lunch from 12pm-1pm; and 1pm-5pm be a good general schedule for you? **YES / NO**

If not, what would your ideal schedule look like? _____

How many campers/cheerleaders will be participating at camp? Can you provide the squad breakdown as well?

Do you have songleaders/pommies/dancers that you want to set up a home camp for as well? If so, can you provide the total number of participants and a squad breakdown as well?

Do you have access to/use of cheer mats for the camp? How many? Do you have indoor facilities for us to be in during the camp?

Cheer Camp Curriculum - please provide your thoughts and wish list specifics:

Stunts, Transitions, and Pyramids - What are your goals?

Camp Choreography - Cheer Dances; Hip-Hop Dances; Cheers/Sidelines? How many of each type of routine?

Motion and Jump Technique Workshop - **YES / NO**

Do you want a full camp routine taught for you to have and use for a halftime performance or pep rally? **(Circle One)**

- Regular Camp Routine = 5 8CTs of dance and 5 8CTs of incorporation
- Extended Camp Routine = 5 8CTs of dance and 13 8CTs of incorporation

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THE SPIRIT CONSULTANTS & COACH LAIN 2019 CAMP CUSTOMIZATION QUESTIONNAIRE

Dance Camp Curriculum – please provide your thoughts and wish list specifics:

Technique Workshops – Across the Floor; Leaps/Turns; Hip-Hop Fundamentals - **YES / NO**

Camp Choreography - General Camp Dance; Pom; Hip-Hop; Jazz; Contemporary? How many of each type of routine?

Tumbling Camp Curriculum – please provide your thoughts and wish list specifics:

Skills Workshops – Skill Breakdown, Drills for Skills, and Technique Drilling (Separated by Skill Level)?

Technique and Mental Performance Training - Mental Block Recovery, Fear Coaching and Confidence-Building Exercises?

Spotting & Technique Training for Coaches?

Any other information you would like to share or that we should know about?

General Camp Curriculum

Tell us what you want included in your PERFECT home camp curriculum, Cheer or Dance!

Do you want team bonding/building activities built into the schedule? _____

What are your team/squad goals for your home camp and for your season? How can we help you accomplish those goals?

Is there anything you know for certain you do NOT want included in camp?

WHAT'S NEXT?

Please Scan/Email, Fax, or Directly Email All Answers Back to Dave at The Spirit Consultants
for Your Custom Home Camp Proposal!

EMAIL: dave@thespiritconsultants.com | **PHONE:** (310) 702-3433 | **FAX:** (310) 862-6743