

THE SPIRIT CONSULTANTS

POM

Pom dance is typically fast-paced, visually appealing, and filled with high-energy movements. Pom dance incorporates elements from various dance styles, including jazz and hip hop.



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SIZE DIVISION TEAM

SQUAD

Total Team Members =

SCORING CATEGORIES			SCORES	TOTALS
CHOREOGRAPHY	MOVEMENT	Variety of Movement, Creativity, Musical Interpretation	10	
	STAGING	Creative Formations, Transitions, Use of Floor, Spacing	10	
	TECHNICAL SKILLS	Turns, Jumps, Leaps, Extensions, Use of Full Team Skills	10	
	COMMENTS			0
				30
EXECUTION	MOVEMENT	Precision, Control, Placement, Sharpness of Motions	10	
	UNIFORMITY	Transitions, Consistent Timing, Synchronization, and Rhythm	10	
	SKILLS	Proper Execution of Skills, Tricks and Technical Elements	10	
	COMMENTS			0
				30
DIFFICULTY	DIFFICULTY	Difficulty of Skills, Tricks, and Technical Elements	10	
	APPROPRIATENESS	Appropriate Ability Level for Full Team	10	
	COMMENTS			0
				20
OVERALL	SHOWMANSHIP	Facial Expression, Confidence, Projection	10	
	OVERALL IMPRESSION	Music, Theme, Energy, Overall Performance	10	
	COMMENTS			0
				20
Judge's Signature			<input type="checkbox"/>	
Tabulator's Initials			<input type="checkbox"/>	SUB SCORE
				0

100

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JAZZ & LYRICAL



Jazz is a combination of stylized rhythmic dance movements and combinations which interpret and emphasize up-tempo music. It should include formation changes, group work, leaps and turns. Emphasis is placed on proper technique, extension, control, body placement and team uniformity.

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SIZE _____ DIVISION _____ TEAM _____
 SQUAD _____

Total Team Members =

SCORING CATEGORIES			SCORES		TOTALS
CHOREOGRAPHY	MOVEMENT	Variety of Movement, Creativity, Musical Interpretation	10		
	STAGING	Creative Formations, Transitions, Use of Floor, Spacing	10		
	TECHNICAL SKILLS	Turns, Jumps, Leaps, Extensions, Use of Full Team Skills	10		
	COMMENTS				0
					30
EXECUTION	MOVEMENT	Precision, Control, Placement, Completion of Moves	10		
	UNIFORMITY	Consistent Timing, Synchronization, and Rhythm	10		
	SKILLS	Proper Execution of Skills, Tricks and Technical Elements	10		
	COMMENTS				0
					30
DIFFICULTY	DIFFICULTY	Difficulty of Skills, Tricks, and Technical Elements	10		
	APPROPRIATENESS	Appropriate Ability Level for Full Team	10		
	COMMENTS				0
					20
OVERALL	SHOWMANSHIP	Facial Expression, Emotion, Projection, Energy	10		
	OVERALL IMPRESSION	Music, Costume, Overall Performance	10		
	COMMENTS				0
					20
Judge's Signature			<input type="checkbox"/>		
Tabulator's Initials			<input type="checkbox"/>	SUB SCORE	0

100

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HIP HOP

Hip Hop is a high energy routine with contracted dance movements to a bass beat with tempo variations. Pop and lock techniques, break dancing and other high energy dance styles can be choreographed into the routine.



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 SQUAD _____

Total Team Members =

SCORING CATEGORIES			SCORES		TOTALS
CHOREOGRAPHY	MOVEMENT	Variety of Movement, Creativity, Musical Interpretation	10		
	STAGING	Creative Formations, Transitions, Use of Floor, Spacing	10		
	FUNDAMENTALS	Tricks, Floorwork, Lifts, Partner Skills	10		
	COMMENTS				0
					30
EXECUTION	MOVEMENT	Precision, Control, Placement, Completion of Moves	10		
	UNIFORMITY	Consistent Timing, Synchronization, and Rhythm	10		
	FUNDAMENTALS	Proper Execution of Tricks, Lifts, and Skills	10		
	COMMENTS				0
					30
DIFFICULTY	DIFFICULTY	Difficulty of Skills, Tricks, and Lifts	10		
	APPROPRIATENESS	Appropriate Ability Level for Full Team	10		
	COMMENTS				0
					20
OVERALL	SHOWMANSHIP	Facial Expression, Confidence, Projection, Energy	10		
	OVERALL IMPRESSION	Music, Costume, Overall Performance	10		
	COMMENTS				0
					20
Judge's Signature			<input type="checkbox"/>		
Tabulator's Initials			<input type="checkbox"/>	SUB SCORE	0

100